

Maitreya

VISIONARY MYSTIC · AMAZON #1 BEST SELLING AUTHOR
FOUNDER OF UTSAV SANGHA & UTSAV KIRTAN



RECOGNITION

- Speaker at IIT Kanpur
- TEDx Speaker
- Icon of Excellence by *Times of India*
- Amazon No. 1 Best Selling Author
- UNO Awarded for Spiritual Leadership & Transformational Guidance

FOUNDER

- **Utsav Sangha**
International sangha of meditation coaches and therapists
- **Utsav Kirtan**
Modern kirtan band, singing the great messages of every lineage
- **Anatta Foundation**
Non-Profit (Section 8) Organization

CONTACT

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PROFILE

Maitreya is a spiritual leader whose signature work is the Inner Evolution of humanity.

From 2014 he has worked as a bodywork therapist, Reiki master and meditation coach across India and China.

After 7 years of experience, he then trained a generation of therapists and meditation coaches, and formed Utsav Sangha, an international sangha with members from India, the United Kingdom, Germany, the Philippines and Canada. Utsav Sangha continues his work through retreats, trainings and festivals across India and online.

In this time Maitreya also founded Utsav Kirtan - a contemporary kirtan band singing the messages of awakened masters from all spiritual traditions and lineages.

Today his primary offering is Satsang, which he calls the most direct tool for inner evolution. In this satsang, he guides participants through discourse, question and answer, meditation, and his wisdom.

EXPERTISE

Maitreya's signature work is the Inner Evolution of humanity, which he says is the key to all success in society, life, and spirituality.

The core principle of Inner Evolution is that a person's successful life contains: their inner peace and happiness, their leadership capability, their heart of helping others, their productivity, their great relationships, their creative and meaningful contribution to the world, and their spiritual growth.

Maitreya uses psychology, science, and ancient wisdom as tools to guide others for their Inner Evolution.

SIGNATURE TALKS

- Inner Evolution: The Key of Success
- Shadow Work and Dream Work
- Brahmacharya: The Science of Intelligence
- Psycho-Kundalini therapy
- The Art of Relationships
- Karma and Past Lives